

JANUARY £10 MAINS

Available Monday - Thursday

ARIBIATTA PENNE

rich spiced tomato penne pasta topped with pulled mozzarella and basil & a garlic and herb ciabatta

682 kcal G,N,SE,M

Add grilled chicken 160 kcal £3.95

LOADED HOT DOG

Bratwurst sausage in a brioche roll topped with BBQ pulled pork, golden crispy onion, American mustard & tomato ketchup, served with fries

1401 kcal G,M,C,MU,SE

VEGAN LOADED HOT DOG


plant based hotdog in a brioche roll topped with BBQ pulled Oumph, golden crispy onion, American mustard & tomato ketchup, served with fries 1061 kcal G,C,MU,S


VEGGIE DELUXE PIZZA


topped with olives, jalapeño & rocket 655 kcal G,M

Our suppliers & kitchens handle numerous ingredients & allergens. Whilst we have strict controls in place to reduce the risk of contamination, unfortunately, it is not possible for us to guarantee that our dishes will be allergen free. The recommended daily calorie intake is 2,000 calories a day for women and 2,500 for men.

Allergen Key: C celery, G gluten, F fish, CR crustaceans, E eggs, MO molluscs, M milk, SE sesame seeds, N nuts, MU mustard, P peanut, SO sulphur dioxide, L lupin, S soya

 Vegan on request

 Vegetarian on request

 Gluten free on request



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